HELPING PATIENTS RECOVER FASTER AFTER ORTHOPEDIC SURGERY

Residential Home Health's Joint Replacement Home Therapy Program:

- Safe and smooth transitions from hospital to home
- Customized care plans
- Lower risk of unplanned hospital readmissions
- In-home therapy and nursing
- Dedicated care team of physical therapists, occupational therapists, and nurses
- Covered 100% by Medicare for eligible beneficiaries

p: (866)902-4000 | www.residentialhomehealth.com

Residential's 30-day readmit rate for all joint replacement patients is 2.4% for 2017.
Residential’s Approach to Joint Replacement Recovery

In order to support orthopedic surgeons and joint replacement patients, Residential offers:

### ORTHOPEDIC CARE SPECIALIST

A dedicated Orthopedic Care Specialist is available to every patient to aid in the transition from hospital to home:

- Provides educational resources and answers patients’ questions before and after surgery
- Facilitates delivery of equipment and medical supplies to each patient’s home
- Helps with coordination of home care prior to discharge
- Assists in scheduling post-surgical physician appointments
- Identifies potential health issues, including comorbidities that could lead to rehospitalization
- Establishes communication with patients, eliminating unnecessary calls to physicians’ offices

### ACCESSIBILITY

- 24-hour availability for patients helps reduce office calls and provide confidence and reassurance to patients and caregivers
- Residential can deploy all disciplines to readmit and treat patients, ensuring care happens when it’s needed most

### EARLY INTERVENTION & TIMELY CARE

- Timely assessment of post-op pain and medications
- Initiation of manual techniques, safety assessment, and individualized care plan to prevent development of adhesions and to boost range of mobility
- Progressive visit goals to normalize range of motion and develop self-management of pain and home therapy program

### DEDICATED CARE TEAM & INDIVIDUALIZED CARE

**Physical and Occupational Therapy**

- Provide exercises to improve mobility, balance, and strength
- Evaluate the home environment for potential hazards and label or remove them as necessary
- Incorporate StepWise, Residential Home Health’s fall prevention and awareness program, to assess and reduce future fall risk
- Offer Solaris® Light Therapy for joint and muscle pain control, inflammation, and tissue repair

**Nursing Services (if needed)**

- Blood draws
- IV antibiotics and anti-coagulants, including dosage services if necessary
- Wound care
- Medication management

―*Activity is the key component to recovery from joint replacement.*

- American Academy of Orthopaedic Surgeons