

## What Is LSVT® BIG & LOUD?

LSVT® BIG & LOUD are evidence-based protocols that help patients with Parkinson's and other neurological disorders WALK and TALK to their fullest potential.



### think **BIG**

**LSVT® BIG**, an intensive physical and occupational therapy program, teaches patients how to move bigger and more safely to:

- Improve balance and strength
- Increase quality and safety in walking
- Reduce fall risk



### think **LOUD**

**LSVT® LOUD**, a rigorous speech therapy program, focuses on an amplified voice to:

- Restore and improve speech
- Increase vocal volume
- Enhance voice quality



Consider LSVT® for patients with:

- ✓ Parkinson's disease
- ✓ Stroke/CVA
- ✓ Multiple sclerosis

- ✓ Alzheimer's and dementia
- ✓ Other neurological disorders



## Evidence-Based Protocols

- LSVT® LOUD was the first effective treatment for voice and speech disorders due to Parkinson's disease; 90% of the patients studied improved with treatment
- LSVT® BIG and LOUD were developed based on research funded by the National Institute of Health; LSVT® BIG has been proven to improve balance, speed and trunk rotation
- The effects of LSVT® BIG treatment have been shown to last more than 16 weeks after treatment has been completed

“ Residential Home Health has been a leader in adopting LSVT® BIG and LOUD as a best practice.

To date, Residential Home Health has the largest number of LSVT® BIG trained clinicians in the world and was the first home health agency to exclusively train their therapists in LSVT® BIG and LOUD. ”

- Cynthia M. Fox, PhD, CCC-SLP,  
Chief Clinical Officer, LSVT Global, Inc.



Visit our website at [residentialhomehealth.com](http://residentialhomehealth.com) or call a Residential Home Health nurse today.  
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